

## Age Specific Programs:

Infants birth to 18 months Drop in: Incredible infants



This program focuses on early development. This program will allow infants to explore the environment through a variety of multi-sensorial activities supported with their parents / caregivers. Parents and caregivers will be provided with information on infant development and care.

**Infant Mother Goose**



An interactive group experience for families and their babies (0-12 months). The program introduces adults and children to the pleasure and power of using rhymes, songs, and stories together as setting the stage for positive and responsive relationship building. Children benefit from enjoyable, healthy early experiences with language and communication. Parents/ caregivers have the opportunity to network, support one another and responsive to the needs of the community

**Infant Massage: 0-12 months' old**

This non-registered program gives adults the opportunity to learn the basic techniques of infant massage while promoting the bonding and attachment between infant and parent/caregiver.

**Toddlers 18 to 32 months:** Celebrating brilliant minds of toddlers



An interactive program in rich and stimulating environment that challenges, engages and captures toddler's curiosity about and their desire to explore the world. Parents and caregivers are invited to join in activities with their child including art, sensory/ motor as well as literacy activities.

**Preschool Fun with Learning - 30 months to 5 years;**



Activities will include Inquiry based learning through play including, literacy, STEAM, physical literacy.

Little Chefs- all ages, drop in, fun, interactive, sensory pleasing and skill building program. Children are more motivated to make healthy choices when they are involved in food preparation. Working alongside their parent's/ caregivers children will engage in all stages of food preparation and enjoy yummy self-made dishes.

