Programs for all ages (0-6)

Family Time drop -In:

A program for families with children (0-6 years) that promotes early learning, child development, well-being and positive relationship in an inclusive, rich and interactive environment. Activities include; Literacy, Arts, Music, Sensory, STEM activities, Outdoor time as well as providing the parent/caregiver opportunities to network and share with other adults, have access to Information, referrals and parent resource library.

Songs and Story Time:

A daily program embedded in an interactive group time for all ages (0-6) and abilities that focuses on the use of songs, finger plays, rhymes, stories and musical instruments to engage expressive language, enhance early communication promote social-emotional development and well being.

Literacy Afternoon:

A program that focuses on setting the stage for literacy rich experiences. Families will have the opportunity to interact and learn about literacy in a play based learning environment to explore language through a variety of activities.

Move and Grove

An interactive group time for all ages (0-6) that promotes creative expression through music and movement and supports the development of physical coordination and social- emotional competence.

Physical Literacy

An interactive and stimulating activities that focus on physical literacy and development of fundamental movement skills such as hopping, skipping, throwing, and jumping. The programs promote active for life choices leading to improved physical and emotional wellbeing, cognitive ability, and self –regulation. The programs include; Gym Time, Gardening, Visit Neighbourhood Parks, Stroller Walk, Outdoor Play etc.

Nature Walk

An Outdoor program with a focus on embracing natural environments as a third teacher to expand child's creative, imaginative, fine motor and cooperative skills. We invite you to join us to explore what mother nature has to offer and discover the beauty and wonder of the nature; find materials through our nature walk and discover what we can create out of these materials.