

# February, 2019 **BRIAN W. FLEMING PS EarlyON Child & Family Centre**

EarlyON/Child & Family Learning Centre (CFLC)


3255 Havenwood Drive, Mississauga L4X 2M2

Tel: 905-625-9391 / [www.dixiebloor.ca](http://www.dixiebloor.ca)



Please note: All visitors, parents, caregivers and children are required to WEAR indoor shoes

(No shoes or bare feet for health concerns). Outdoor play-weather permitting. Snack will be provided.

Monday 8:30 – 12:30 / 1:15 – 3:20	Tuesday 8:30 – 12:30 / 1:15 – 3:20	Wednesday 8:30 – 12:30 / 1:15 – 3:20	Thursday 8:30 – 12:30 / 1:15 – 3:20	Friday 9:00 – 12:30 / 1:15 – 3:20
				1 Family Time <b>9:00 – 12:30 / 1:30- 3:20</b> 10:45 Songs and Stories 10:00-11:00 <b>Baby &amp; Mom time</b> <b>Healthy Start</b> (for pregnant women) 9:00 -11:30
4 Family Time <b>8:30 – 12:30 / 1:15 – 3:20</b>  10:30 Songs and Stories  10:40 – 11:20 Gym Time	5 Family Time <b>8:30 – 12:30 / 1:15 – 3:20</b> <b>Play Matters/ An exploration of “Play”</b> am/ pm 10:45 Family Move and Groove 10:30 Parent Session with CFLC Social Worker Any Time Outdoor Play	6 Family Time <b>8:30 – 12:30 / 1:15 – 3:20</b>  10:30 Songs and Stories  10:40 – 11:20 Gym Time	7 Family Time <b>8:30 – 12:30 / 1:15 – 3:20</b>  10:45 Songs and Stories  11:45 – 12:30 Community Walk ( indoors closed)	8 <b>Centre Closed</b>  <b>Healthy Start</b> (for pregnant women) 9:00 -11:30
11 Family Time <b>8:30 – 12:30 / 1:15 – 3:20</b>  10:30 Songs and Stories  10:40 – 11:20 Gym Time	12 Family Time <b>8:30 – 12:30 / 1:15 – 3:20</b> <b>Play Matters/ An exploration of “Play”</b> am/ pm 10:45 Family Move and Groove Any Time Outdoor Play	13 Family Time <b>8:30 – 12:30 / 1:15 – 3:20</b>  10:30 Songs and Stories  10:40 – 11:20 Gym Time	14 Family Time <b>8:30 – 12:30 / 1:15 – 3:20</b> 10:30 <b>LaLa wellness YOGA</b> <b>for families</b> 11:45 – 12:30 Community Walk ( indoors closed)	15 Family Time <b>9:00 – 12:30 / 1:30- 3:20</b> 10:45 Songs and Stories 10:00-11:00 <b>Baby &amp; Mom time</b> <b>Healthy Start</b> (for pregnant women) 9:00 -11:30
18 <b>Happy Family Day!</b> 	19 Family Time <b>8:30 – 12:30 / 1:15 – 3:20</b> <b>Play Matters/ An exploration of “Play”</b> am/ pm 10:45 Family Move and Groove Any Time Outdoor Play	20 Family Time <b>8:30 – 12:30 / 1:15 – 3:20</b>  <b>Celebration of Families</b> <b>Pot Luck</b> 10:00-12:00	21 Family Time <b>8:30 – 12:30 / 1:15 – 3:20</b>  10:45 Songs and Stories  11:45 – 12:30 Community Walk ( indoors closed)	22 Family Time <b>9:00 – 12:30 / 1:30- 3:20</b> 10:45 Songs and Stories 10:00-11:00 <b>Baby &amp; Mom time</b> <b>Healthy Start</b> (for pregnant women) 9:00 -11:30
25 Family Time <b>8:30 – 12:30 / 1:15 – 3:20</b>  10:30 Songs and Stories  10:40 – 11:20 Gym Time	26 Family Time <b>8:30 – 12:30 / 1:15 – 3:20</b> <b>Play Matters/ An exploration of</b> <b>“Play”</b> am/ pm 10:45 Family Move and Groove Any Time Outdoor Play	27 Family Time <b>8:30 – 12:30 / 1:30- 3:20</b>  10:30 Songs and Stories  10:40 – 11:20 Gym Time	28 Family Time <b>8:30 – 12:30 / 1:15 – 3:20</b> 10:30 <b>LaLa wellness YOGA</b> <b>for families</b> 11:45 – 12:30 Community Walk ( indoors closed)	

## February, Brian W. Fleming

Program Descriptions	Workshops:
<p><b><u>Family Time</u></b> A program for families with children (0-6 years) that promotes early learning, child development, well-being and positive relationship in an inclusive, rich and interactive environment. Activities include; Literacy, Arts, Music, Sensory, STEM activities, Outdoor time as well as providing the parent/caregiver opportunities to network and share with other adults, have access to Information, referrals and parent resource library.</p>	Drop in
<p><b><u>Songs and Stories</u></b> An interactive program for families with children (0-6 years) that focuses on songs, rhymes, finger play, poems and movement to music. The program promotes communication and language skills, patterning, self-regulation and critical thinking.</p>	Drop in
<p><b><u>Family Move and Groove</u></b> An interactive program for parents/caregivers and their children (0-6 years) to introduce children to the concepts of music, movement and creative play. Children and families engage in enjoyable and developmentally appropriate activities that foster language skills, self-regulation, turn taking, and gross motor skills.</p>	Drop in
<p><b><u>Healthy Start</u></b> The program provides health education; nutritional supplements and social support to pregnant woman and teens during their pregnancy and up until their babies are three months of age, if they have attended prenatal.</p>	Drop in Fridays 9:00 am-11:30 am
<p><b><u>Infant Mother Goose</u></b> An interactive group experience for families and their babies (0-12 months). The program introduces adults and children to the pleasure and power of using rhymes, songs, and stories together as setting the stage for positive and responsive relationship building. Children benefit from enjoyable, healthy early experiences with language and communication. Parents/ caregivers have the opportunity to network, support one another and responsive to the needs of the community</p>	Drop in Tue Jan 22, 29 ,2019 11-11:30 am
<p><b><u>LaLa wellness Yoga for families</u></b> The program for children and parents/caregivers - provides mindfulness games, songs and stories that encourage your kids and you a boost of feel-good energy, and inspire engagement through expressive play.</p>	Drop in Feb 14, 28, 2019 10:30 am
<p><b><u>Baby &amp; Mom time</u></b> An interactive program for families with babies (0-12 months) that facilitates positive bonding and attachment, which is vital to the ongoing healthy development of the caregiver/child relationship. By engaging in rhymes, songs and stories there is an emphasis on the early development of infants' communication and language skills.</p>	Drop in Fridays 10 am -11am

***All programs are for parents/caregivers and their children  
Parents are responsible for supervision of their children during programs***