

YOUR CARE OPTIONS THIS WINTER

There are a number of care options available when you and your family do not require emergency care.



Health Connect Ontario

For help in finding a family doctor, or to chat with a nurse online or by phone. Dial 811 or visit healthconnectontario.health.gov.on.ca to chat live.



Family Doctor or Walk-in Clinics

Check in with your family doctor, search online for walk-in clinics closest to you, or visit mississaugahaltonhealthline.ca and centralwesthealthline.ca.



COVID, Cough, Cold and Flu Clinics

For mild or moderate symptoms, book an appointment online at moht.ca or centralwestoht.ca.



Urgent Care or Virtual Urgent Care Support

For concerns that are not an emergency, but should be seen within 24 hours. Locations can be searched online or visit williamoslerhs.ca.



The Canadian Mental Health Association (CMHA)

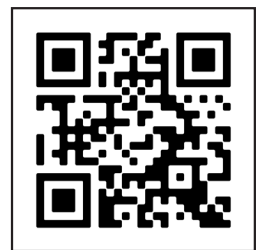
Phone and virtual support for a variety of concerns including anxiety, suicidal ideations, sexual assault, abuse, addiction and more. Visit cmhapeeldufferin.ca.

If you require emergency care, please call 911 or go to your closest Emergency Department.

For a full list of your community care options, local emergency departments, as well as advice on caring for infants and children who are unwell, please scan the QR codes.



CLICK HERE



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